

WELCOME



WE'RE SO GLAD YOU ARE JOINING US FOR WORSHIP TODAY! If you have any questions about Sunday morning activities & Worship or you would like more information about how you can be involved in the life of First United Methodist Church, Shreveport:

- Ask one of our wonderful ushers or volunteers in the Welcome Center. They'd be glad to help!
- Call the church office at 318.424.7771. We're open 8:30am - 5:00pm Monday - Thursday and 8:30am - 4:00pm on Friday.
- Visit www.firstshreveport.org/getconnected

WANT A TOUR OF THE CAMPUS?

Starting Point tours happen the second Sunday of each month at 9:45am beginning in the Welcome Center located in the Education & Administration Building. Whether you're joining us for the first time or have been considering making this your church home, join us as we explore our church campus.

READY TO JOIN OUR FIRST SHREVEPORT FAMILY?

If you're curious about what membership means and want to meet our pastors before deciding, join us for our next Starting Point Luncheon. Contact our New Member Pastor, Rev. Caroline Wilkinson at 424-7771, ext. 135 or cwilkinson@fumcshreveport.org for more information.

You may join the church today by profession of faith, transfer of membership or reaffirmation of your baptismal vows. Our church receives persons from other traditions by transfer. If you have been baptized in another denomination, re-baptism is not necessary. To join, simply come to the front of the church and meet the pastors during the singing of the last hymn.

NEXT STEPS:

- Join a small group! Contact Erik Rasmussen at erasmussen@fumcshreveport.org or call the church office for more info.
- Firstdiscipleship.org is Now Live! Find out where you are in your discipleship journey and steps you can take to go deeper. Sign in today at firstdiscipleship.org. Call the church office at 424.7771 for more info.
- Serve with us! For Local and Global service opportunities visit www.firstserves.org or email Ashley Goad (Global) at agoad@fumcshreveport.org or Michelle Osborn (Local) at mosborn@fumcshreveport.org.

FOR ANNOUNCEMENTS AND OTHER UPCOMING ACTIVITIES

Grab a copy of the *First Weekly* or *The Columns* located at any of the entryways or visit firstshreveport.org.

Welcome to First United Methodist Church.

To all of our guests – welcome! We are glad you're here. Please be sure to let us know that you're visiting, so we can make you feel at home.

HOSPITALIZED: Ernie Bernhoft • Gwen Branton

DISCHARGED: Gairy Baker • Jere Saur

SYMPATHY IS EXTENDED TO Tucker Smathers & family in the death of her brother, Ed Neilson; to Jo Holladay & family in the death of her mother, Shirley Tufts; to Lois Huggins & Debbie Hunter & family in the death of their husband & father, James Huggins; to Jimmy Ray & family in the death of his mother, Fern Copeland Ray; to family & friends of Lou Ann Hancock in her death; to Austin Robertson, Derek Gunter & Jordan Hughes & family in the death of their son-in-law, uncle & father, Bobby Hughes; to Diana Burke & family in the death of her husband, Terry Burke and to Betty Harper & family in the death of her husband, Arthur Clyde Harper.

THE RED ROSE NEAR THE ALTAR honors those serving in the U.S. Armed Forces, at home & abroad.

THE FLOWERS ON THE ALTAR are given to the glory of God by the Altar Flower Fund.



MEMORIALS:

Anna Smead
from Eleanor Shuping

Grantham Couch
from Lois and Kirby Rowe
Janet and Cliff Burgess
Mr. and Mrs. Taylor F. Moore
Dr. and Mrs. Steve Heard
Mr. and Mrs. Andy Heard
Frances T. Flournoy
Suzanne and Charles McCord III

Harold Reed
from Janet and Cliff Burgess

Joe Callaway
from Mr. and Mrs. Bill Golden

Harry Lazarus
from Carobeth and Bob Richardz

Patsy Duvall
from Drs. Laura and Robert Haynie
Mr. and Mrs. Jeffrey Harris

VITAL SIGNS

Contributions	Week Ending 05.22.16	Month-to-Date	Year-to-Date
Goal	\$63,112	\$252,448	\$1,533,089
Received	\$42,244	\$246,751	\$1,465,146
Over/(Under)	(\$20,868)	(\$5,697)	(\$67,943)

ATTENDANCE: WEEK OF MAY 22, 2016

Traditional worship (8:30)	225
Traditional worship (11:00)	432
FaithLink worship	250
Wednesday Business Lunch	n/a
Wesleyan Communion	n/a
Total worship attendance	907
Total Sunday School attendance, all ages	518



WE ARE A STEPHEN MINISTRIES CARING CONGREGATION. *If you are in need of personal prayer, we have Stephen Ministers available to listen and pray with you. A Stephen Minister will be at the altar by the left door at the end of each service. A private space is available for visiting.*

Senior Pastor: Dr. R. Pat Day • Executive Pastor: Dr. Jonathan Beck • Associate Pastor: Rev. Derek Joyce
Associate Pastor: Rev. Caroline Wilkinson • Pastor of Senior Adult Ministry: Rev. Dr. Carl E. Rhoads • Director of Music: Dr. David Hobson
Director of Fine Arts: Rev. Dr. Will K. Andress • Principal Organist: E. Ray Peebles • Scholar-in-Residence: Dr. Donald Webb

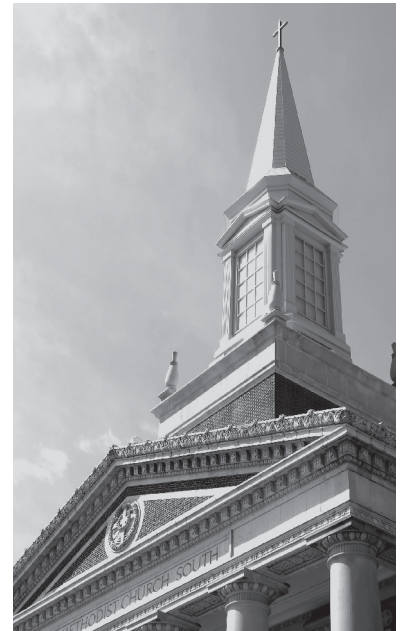
TRADITIONAL WORSHIP SERVICES: 8:30 AM & 11:00 AM, LIVE TELECAST ON KTBS/ABC AT 11:00 AM
FAITHLINK CONTEMPORARY SERVICE: 11:00 AM • SUNDAY SCHOOL: 9:45 AM
WESLEYAN COMMUNION SERVICE: 9:45 – 10:30 AM, FIRST SUNDAY OF EACH MONTH IN COUCH CHAPEL

318.424.7771 office • 318.429.6888 fax • PRAYER LINE: 318.429.6898 TOLL FREE: 1.888.393.PRAY
www.firstshreveport.org • fumc@fumcshreveport.org

FIRST

UNITED METHODIST CHURCH, SHREVEPORT

MAY 29, 2016 • 2ND SUNDAY AFTER PENTECOST



EMBRACING GRACE. GROWING LEADERS.

FIRST UNITED METHODIST CHURCH

Celebration of Worship – Second Sunday after Pentecost

PRELUDE.....*Psalms-Prelude, Op. 32, #2*.....E. Ray Peebles, organ
(Psalm 37:11)
Herbert Howells

WORDS OF WELCOME & GREETINGDr. Beck

INTROIT.....*Praise to the Lord, the Almighty*.....Ensemble (8:30)
arr. Paul Sjolund Chancel Choir (11:00)

CALL TO WORSHIP & INVOCATION.....Dr. Beck

† HYMN OF PRAISE.....“I’ll Praise My Maker While I’ve Breath”.....No. 60

PLEDGE OF ALLEGIANCE.....Dr. Beck

MUSICAL OFFERING.....*Come Thou Fount of Every Blessing*.....Elizabeth Beck, violin
arr. Alison Beck Alison Beck, piano

† SCRIPTURE READING.....PROVERBS 12:17-25.....Dr. Beck
Old Testament, Pages 731 in your Pew Bible

† GLORIA PATRI
*Glory be to the Father and to the Son and to the Holy Ghost,
as it was in the beginning, is now and ever shall be, world without end. AMEN.*

† CHILDREN’S BLESSINGBillie Tate
Children leaving the service for Children’s Chapel may be picked up after the service:

- *Infants–4 years (8:30 & 11:00): Children’s Ministry Center*
- *K5–1ST graders (11:00): Dawson Building, Room 207, behind the Sanctuary*
- *2ND–3RD graders (11:00): Dawson Building, Room 208, behind the Sanctuary*

JOYS & CONCERNS Dr. Day

MORNING PRAYER.....Dr. Rhoads

THE LORD’S PRAYER..... Congregation (speaks in unison)

Our Father, who art in heaven, hallowed be thy name. ✠ Thy kingdom come, thy will be done on earth as it is in heaven. ✠ Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. ✠ And lead us not into temptation, but deliver us from evil. ✠ For thine is the kingdom, and the power, and the glory, forever. AMEN.

† HYMN OF PREPARATION.....“Be Still My Soul”.....No. 534

OFFERTORY PRAYER.....Dr. Rhoads

MUSICAL OFFERING.....*In Thee, O Lord, I Put My Trust*.....Ensemble (8:30)
Pyotr Tschaikovsky/arr. Earl Romaine Chancel Choir (11:00)

† DoxologyNo. 94
*Praise God, from whom all blessings flow; Praise God, all creatures here below:
Alleluia! Alleluia! Praise God, the source of all our gifts! Praise Jesus Christ, whose
power uplifts! Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!*

SCRIPTURE READING.....PSALM 37:1-9.....Dr. Day
Old Testament, Page 628 in your Pew Bible

MESSAGE.....**HOW TO COPE WITH STRESS**.....Dr. Day

† HYMN OF INVITATION.....“Trust and Obey”.....No. 467

RECEPTION OF NEW MEMBERS.....Dr. Rhoads
*We rejoice to recognize you as members of Christ’s holy church, and bid you welcome to the
congregation of First United Methodist Church. With you, we renew our vows to uphold it
by our prayers, our presence, our gifts, our service, and our witness.*

BENEDICTION.....Dr. Rhoads

SENDING FORTH.....*On Eagle’s Wings*.....Ensemble (8:30)
Mark Hayes Chancel Choir (11:00)

POSTLUDE.....*Fugue à la Gigue*.....E. Ray Peebles, organ
Johann Sebastian Bach

ACOLYTES: William Peacock (8:30), Ellen Douglas (8:30), Rowan Miller (11:00),
Garland Barrett (11:00)

CRUCIFER: Russell Peacock (8:30), Benjamin Foreman (11:00)



† *Those who are able may stand. † Latecomers may be seated at these times.*

• **COMMUNION WILL BE SERVED AT 9:30AM IN THE SANCTUARY AND NOON IN COUCH CHAPEL.**

• **YOU MAY JOIN THE CHURCH** by profession of faith, transfer of membership, or reaffirmation of your vows of discipleship. Our church receives persons from other traditions by transfer. If you have been baptized in another denomination, re-baptism is not necessary. If you wish to join our church family, please come to the front of the church, and meet the pastors during the singing of the last hymn.

• **To watch online**, download bulletins and sermons, visit our website: www.firstshreveport.org.

• **WORSHIP SERVICES ARE AVAILABLE FOR FREE DOWNLOAD ONLINE** at firstshreveport.org, via iTunes and on your Android and iPhone. Copies of today’s sermon are also available for purchase on CD or DVD. Please contact the church office, 424-7771, for additional information.

• **LIKE US ON FACEBOOK** at www.facebook.com/fumcshreveport for the latest events, photos and more; then follow us on Twitter @FUMCShreveport.

Sermon Notes

HOW TO COPE WITH STRESS

PSALM 37:1-9 • MAY 29, 2016

I. First, **Transformation:** “Trust in the Lord.” (vs.3)

II. Second, **Concentration:** “Dwell in the land.” (vs. 3b)

III. Third, **Recreation:** “Delight yourself in the Lord.” (vs. 4)

IV. Fourth, **Organization:** “Commit your way to the Lord.” (vs. 5)

V. Fifth, **Meditation:** “Be still before the Lord.” (vs. 7)

VI. Finally, **Delegation:** “Do not fret” (vs. 8)